



2025 DataHaven Community Wellbeing Survey Statewide Data Release & Partner Luncheon

Date

THURSDAY, NOVEMBER 6, 2025

Location

Hartford Foundation for Public Giving
HARTFORD, CONNECTICUT

DataHaven

www.ctdatahaven.org

Agenda

9:30am Registration & Networking

10:00am Welcome

Amanda Klay — Director of Strategic Partnerships, DataHaven

Arunan Arulampalam — Mayor, City of Hartford

Meghann Crawford — Director of Data Management, Siena Research Institute

Kate Szczerbacki — Director of Learning, Evaluation, and Capacity Building, Hartford Foundation for Public Giving and DataHaven Board Chair

10:15am Table Introductions

10:25am Statewide Data Release

Mark Abraham — Executive Director, DataHaven

10:45am Panel Discussion and Q&A

Gary Archambault — Chief Data Officer, Connecticut Department of Public Health

Jay Williams — President and CEO, Hartford Foundation for Public Giving

Kim Blankenship — Distinguished Professor of Sociology, and Director, Inequality, Social Justice, and Health Lab, American University

Kelly Davila — Principal Research Associate, DataHaven (Moderator)

11:30am Interactive Data Activity

12:00pm Networking Lunch & Reception

Welcome

Amanda Klay — Director of Strategic Partnerships, DataHaven

Arunan Arulampalam — Mayor, City of Hartford

Meghann Crawford — Director of Data Management, Siena Research Institute at Siena University

Kate Szczerbacki — Director of Learning, Evaluation, and Capacity Building, Hartford Foundation for Public Giving, and DataHaven Board Chair

Table Introductions (5-10 min.)

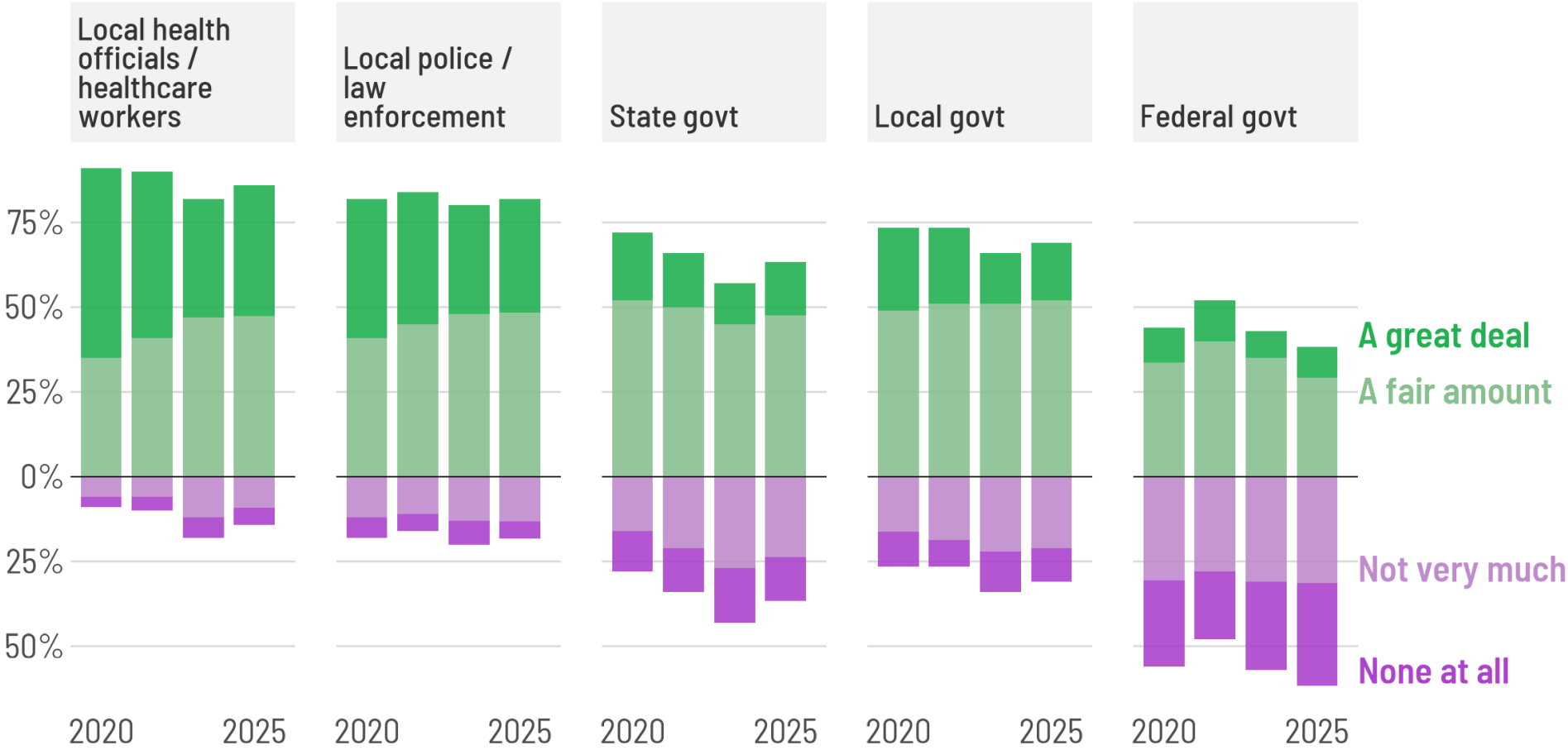
Please introduce yourself to your table and identify a facilitator for the interactive data activity later this morning

Statewide Data Release

Mark Abraham — Executive Director, DataHaven

Connecticut adults continue to trust local officials but not federal government

Reported levels of trust in institutions, share of Connecticut adults, 2020-2025



Source: DataHaven Community Wellbeing Survey (survey waves 2020, 2021, 2024, and 2025)

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DataHaven Community Wellbeing Survey design

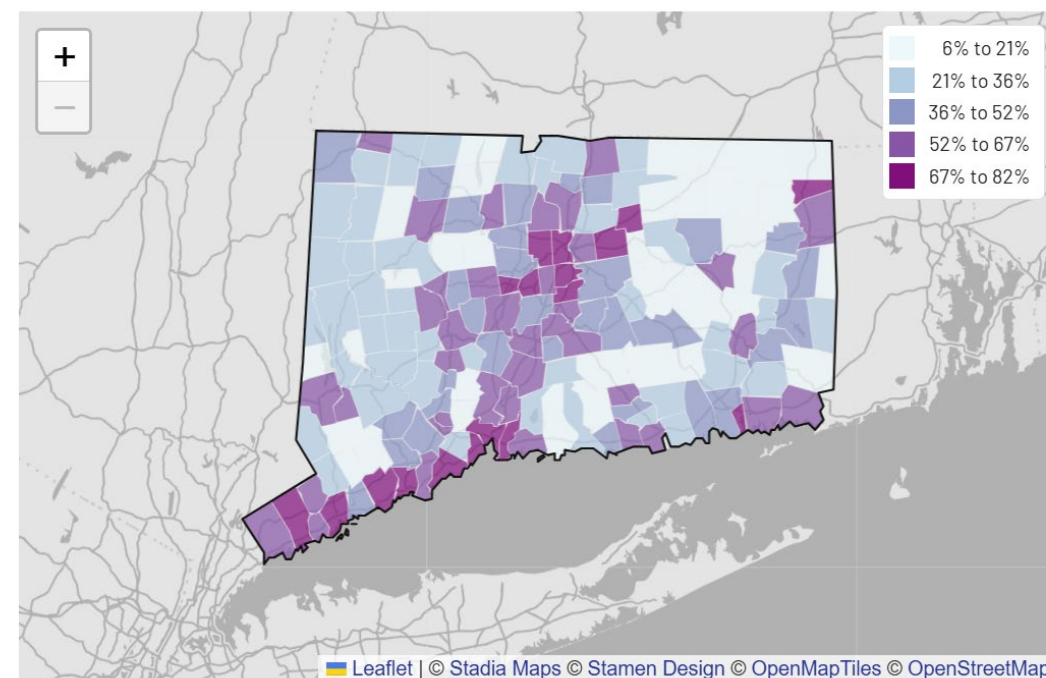
- Questionnaire design involves **300 Advisory Council members** from across CT
- Over 53,000 randomly-selected adults from every Connecticut ZIP code have participated in in-depth English and Spanish language interviews from 2015 through 2025 (**including 1,371 adults from August to October of this year**)
- We focus on creating **quantitative, neighborhood-level estimates** about topics not available from any other data source.
- We collect some **qualitative data**, either from open-ended questions in the survey or by calling people back if they meet certain criteria of interest
- The survey uses **consistent sampling and interviewing methods** over time to create accurate trend data and information about smaller groups
- DataHaven **weights data** to be representative of the population of any area

Data Access

- **Crosstabs** with methodology, results by question, and sample demographics
- **Connecticut Town Data Viewer** (ctdatahaven.org/data-dashboard) and other DataHaven publications
- **Data requests** – Results are often used by nonprofits, in federal grant proposals, community assessments, research, public testimony, and educational activities

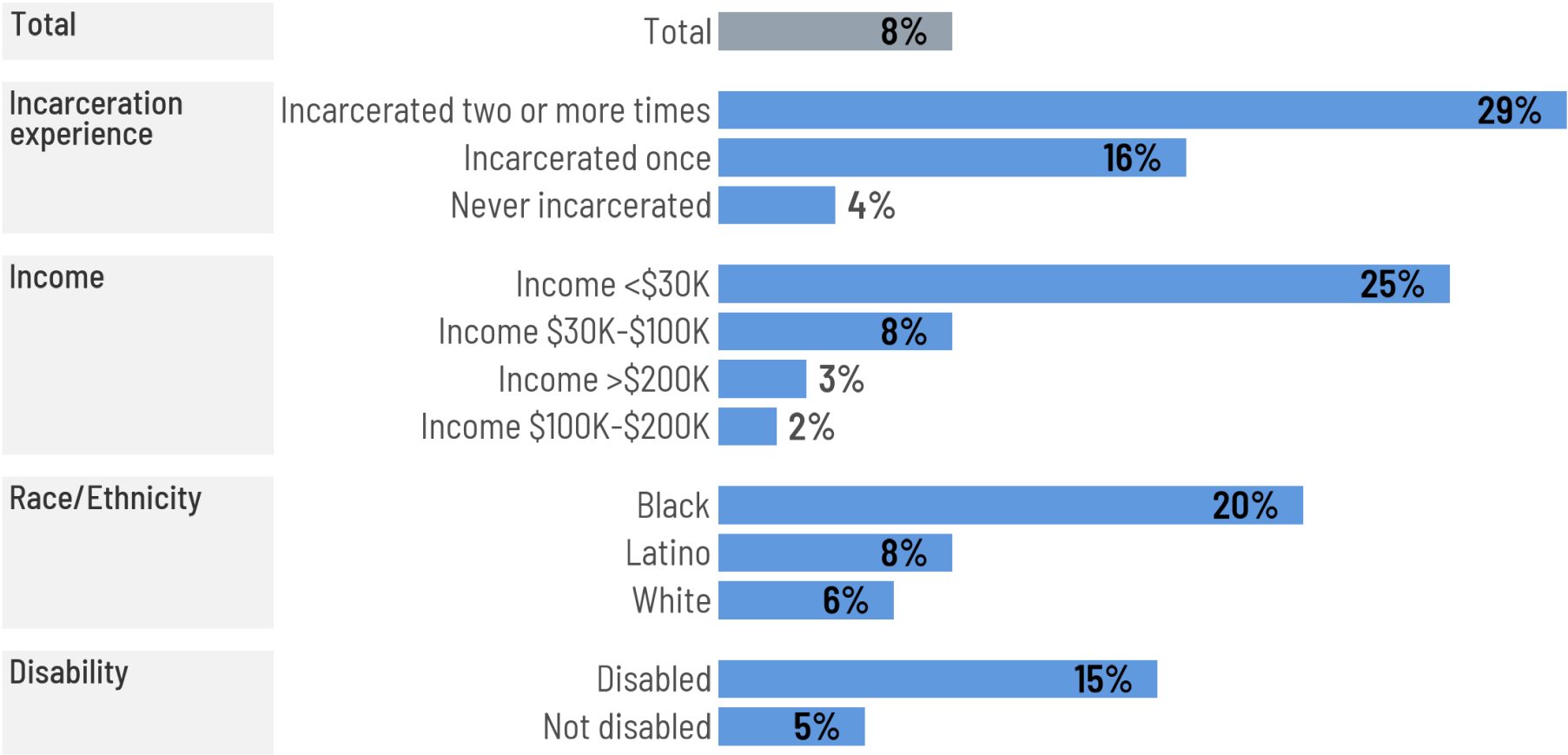
Stores, banks, etc. are in walking distance

MAP CHART



Adults who have been incarcerated are far more likely than average to have been evicted

Share of Connecticut adults reporting having ever been evicted, 2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across questions are shown.

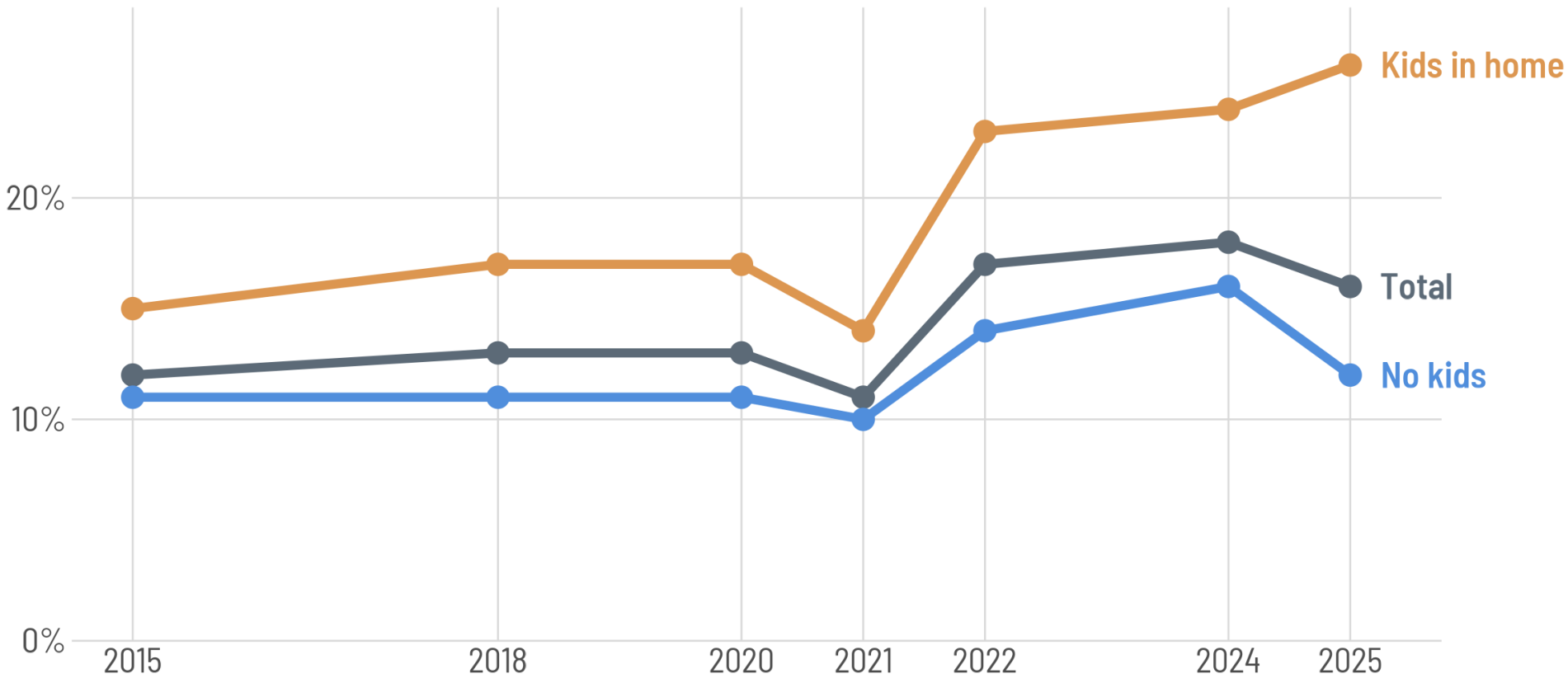
Indicator and Percent of All Adults	CT Statewide Average	Greenwich, CT	ZIP Code 06120 (Hartford North End neighborhood)
Food insecure	18%	6%	37%
Housing insecure	12%	6%	23%
Good availability of affordable, fresh produce	63%	73%	20%
Feel safe walking at night	66%	86%	26%
Good quality of parks	71%	91%	23%
Major depression risk (PHQ-2)	18%	10%	33%

Survey Findings: What has changed most since 2018?

1. ~350,000 more adults **currently use cannabis or marijuana** (from 12% of adults in 2018 to 24% of adults in 2025)
2. ~250,000 more adults statewide say the availability of **suitable employment for residents in their area is “excellent” or “good”**; under-employment rates are also somewhat lower
3. ~200,000 more adults may be **anxious or depressed**
4. ~150,000 more adults were diagnosed with **diabetes and hypertension**
5. ~150,000 more adults **ran out of money to pay for their housing or shelter in the past year**
6. ~150,000 more adults **are unable to go somewhere because of lack of transportation in the past year**; there was also an increase in not being able to access healthcare for this reason
7. ~150,000 more adults statewide **agree that there are safe places to ride a bicycle** in their neighborhood, such as special paths or lanes
8. ~100,000 more adults **did not get the medical care they needed in the past year**; there was also an increase in the rate of postponed medical care
9. ~100,000 more adults **face food insecurity***
10. ~100,000 fewer adults **currently smoke cigarettes**
11. ~100,000 fewer adults get the **social and emotional support** they need

Food insecurity continues to rise, especially for people living with children

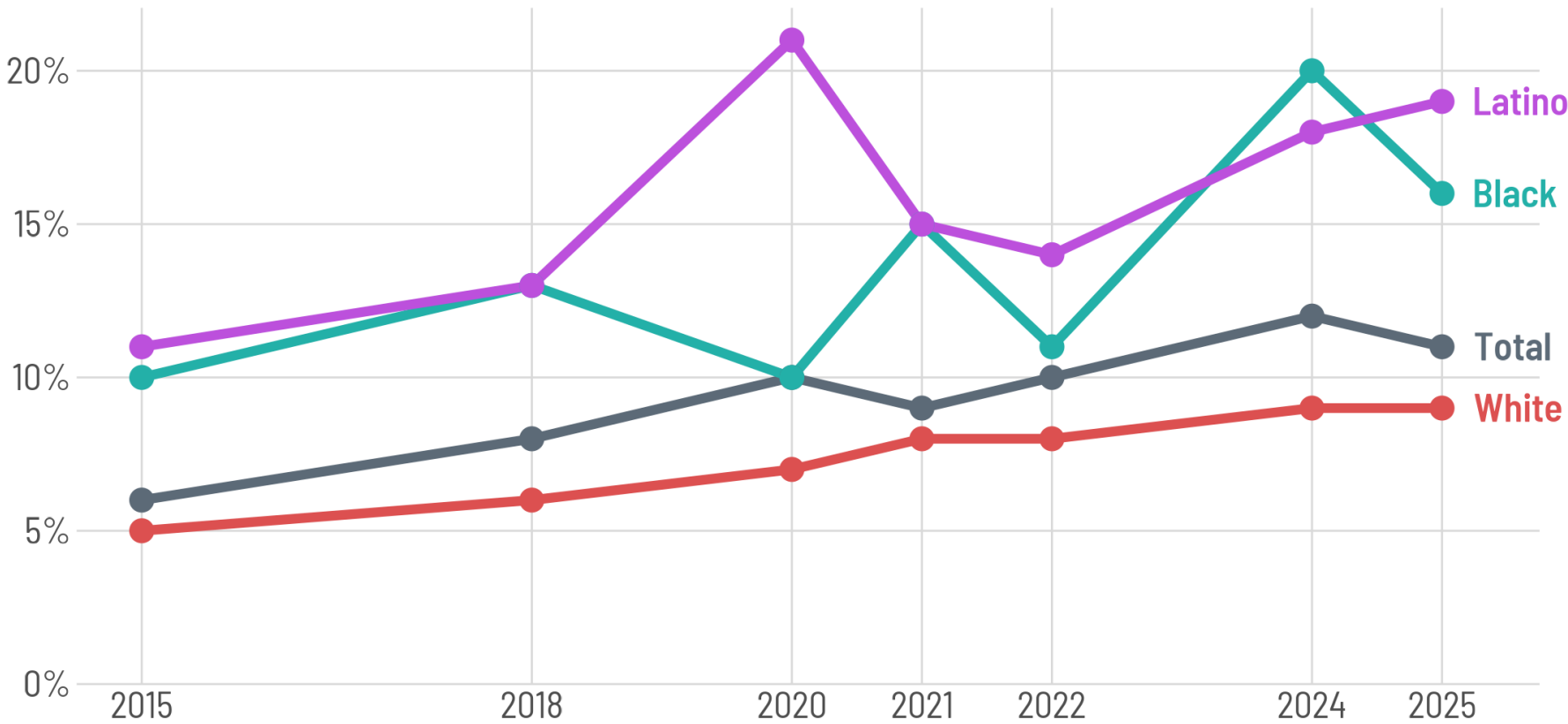
Share of Connecticut adults reporting food insecurity in the past 12 months by presence of children in the home, 2015-2025



Source: DataHaven Community Wellbeing Survey

Black and Latino adults face increasing housing insecurity

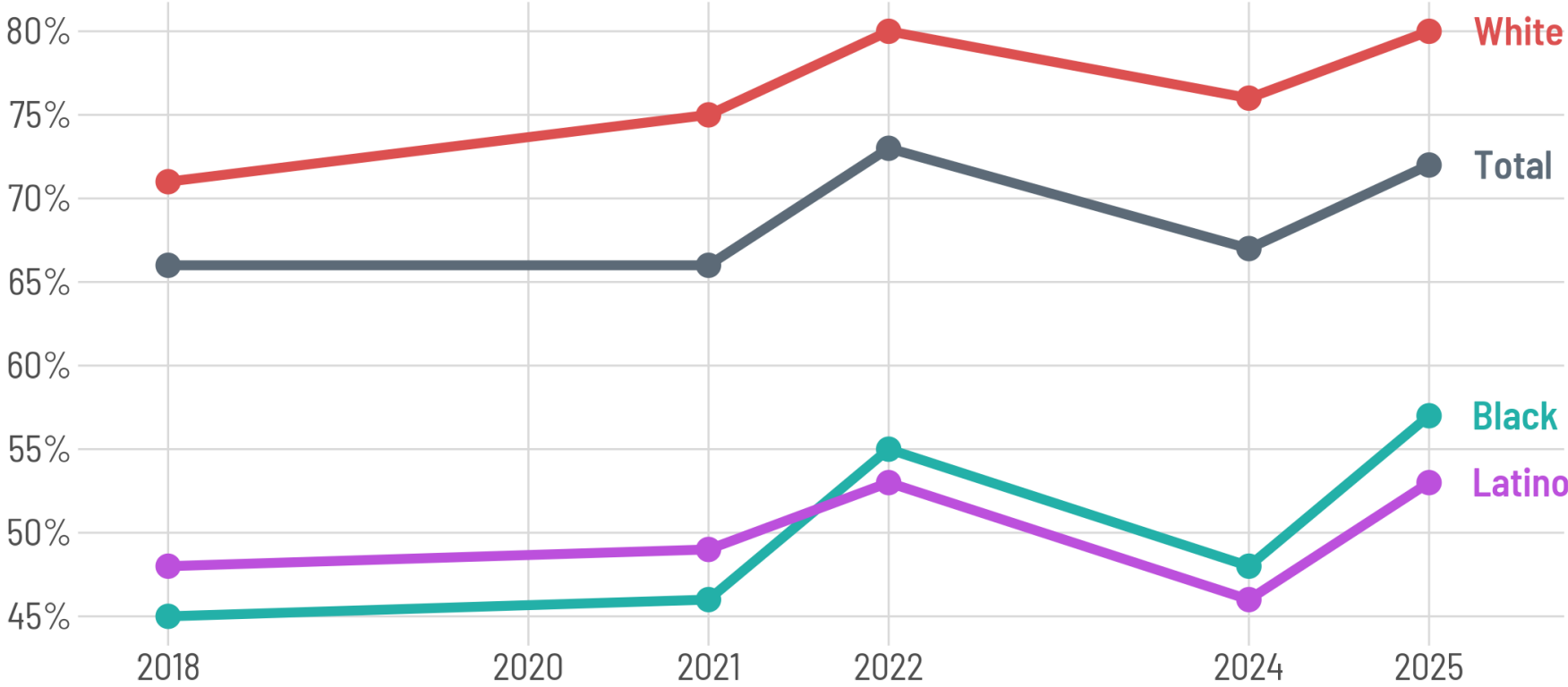
Share of Connecticut adults reporting housing insecurity in the past 12 months by race/ethnicity, 2015-2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across all years are shown.

Despite some post-pandemic gains, Black and Latino adults are less likely to have positive net worth

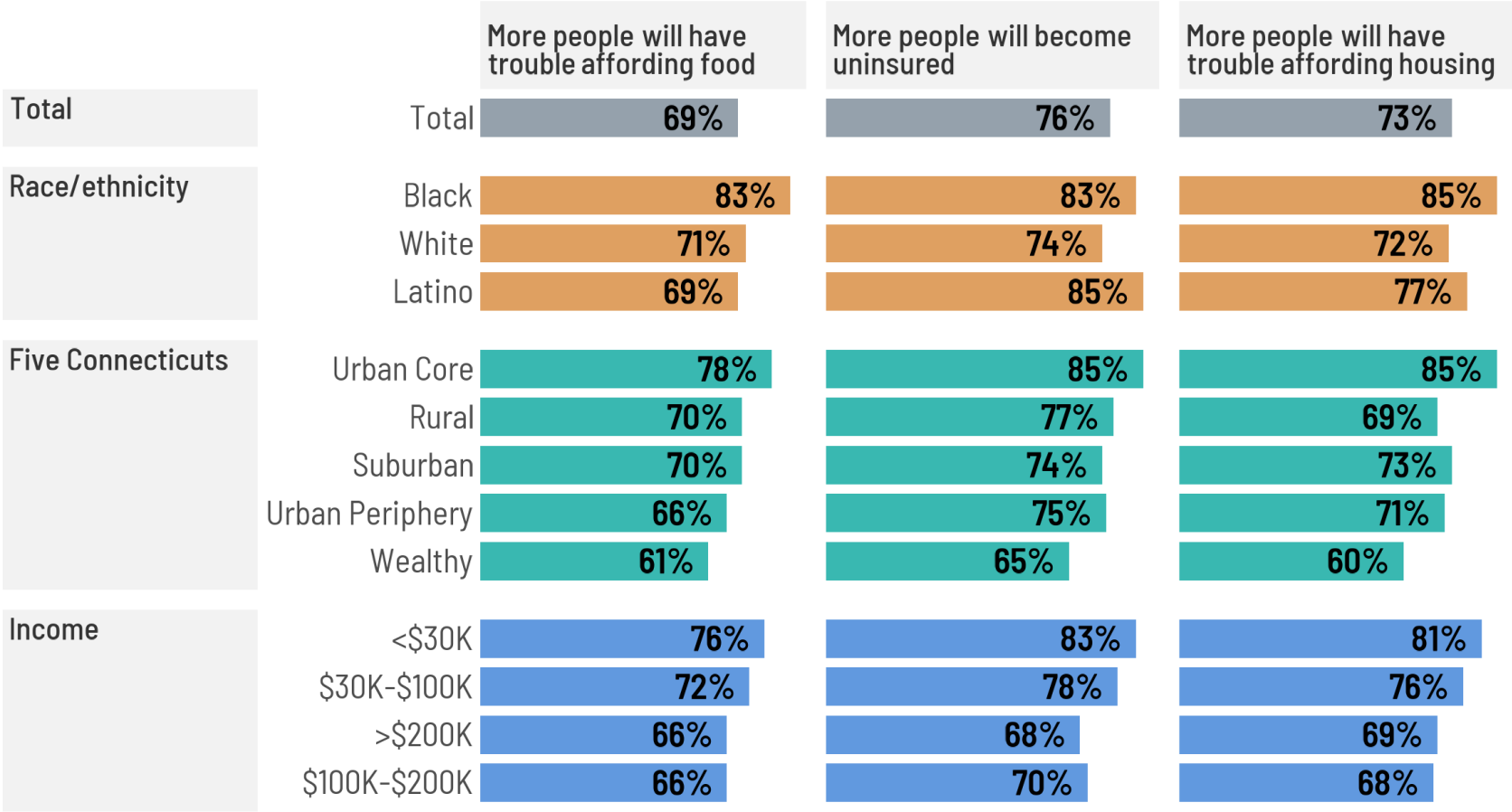
Share of Connecticut adults estimating they would have money left over after cashing out assets by race/ethnicity, 2018-2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across all years are shown.

Across income, race, and location, the majority of Connecticut adults are concerned about cuts to food, housing, and healthcare assistance

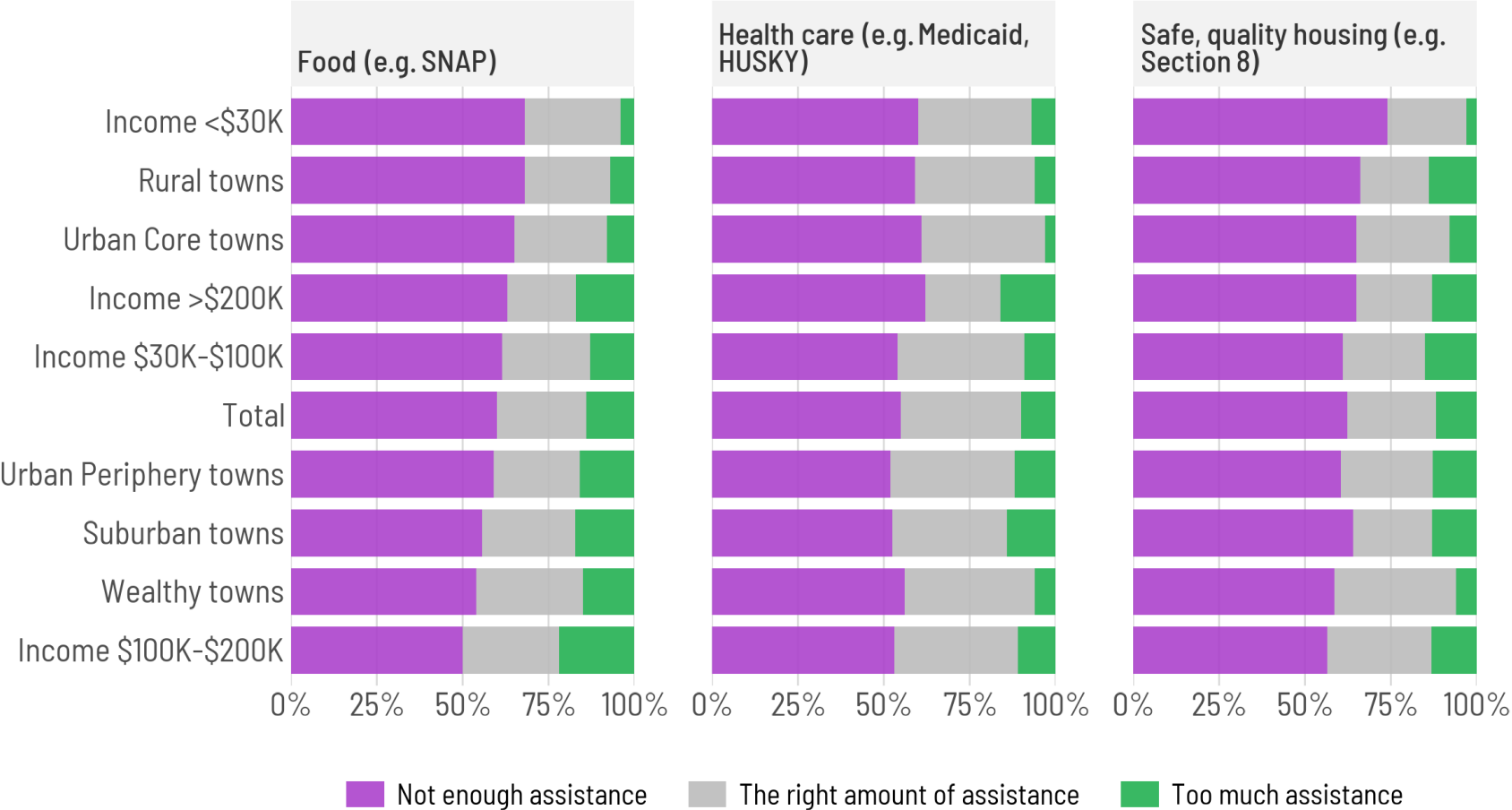
Share of Connecticut adults who report being very or somewhat concerned about possible impacts of current governmental policies, 2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across questions are shown.

Across income and location, the majority of adults feel not enough assistance is given to low-income residents

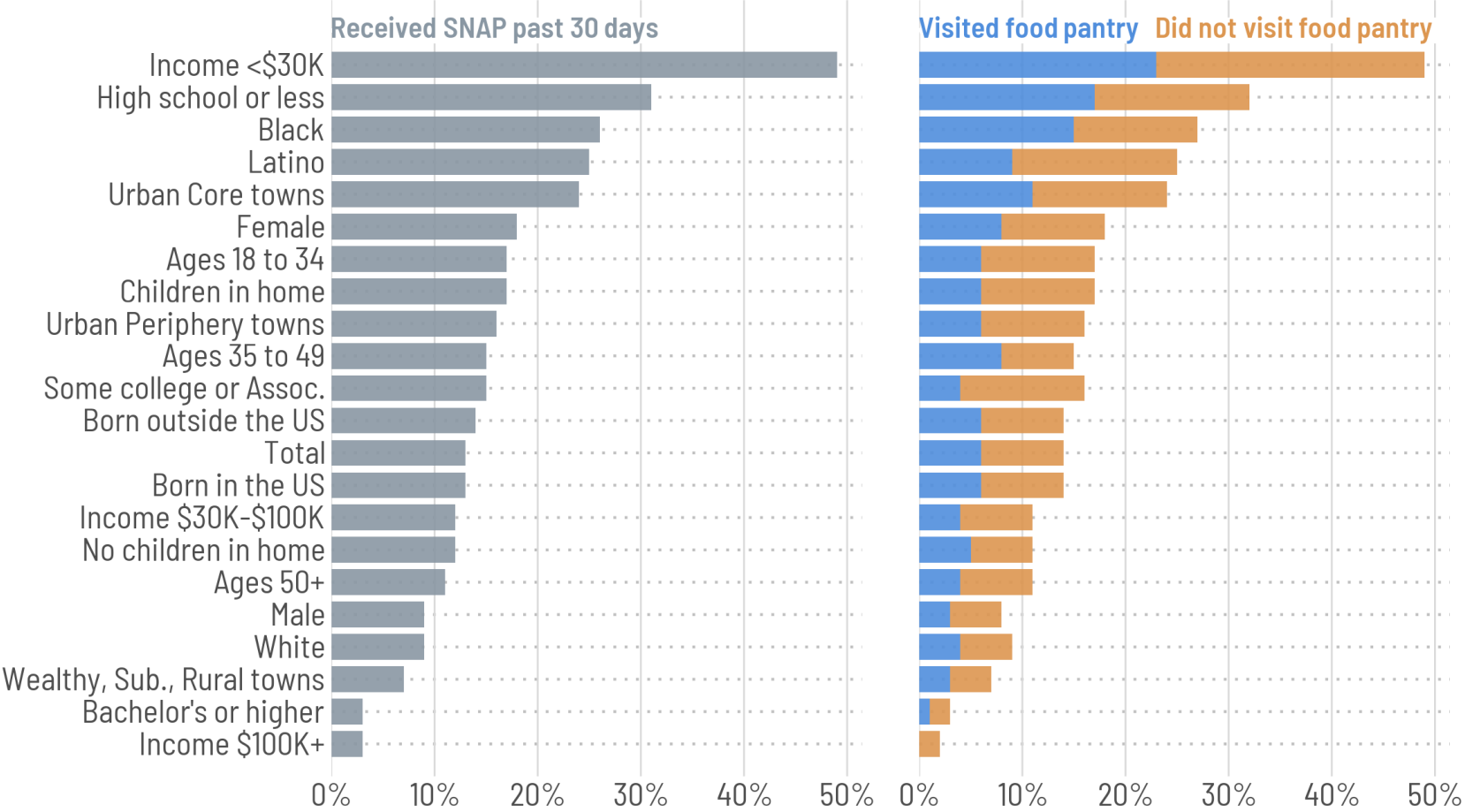
Ratings of amount of government assistance available to people with limited incomes for basic needs, share of Connecticut adults, 2025



Source: DataHaven Community Wellbeing Survey

Of the 13% of Connecticut adults currently receiving SNAP, less than half have been to a food pantry in the past year

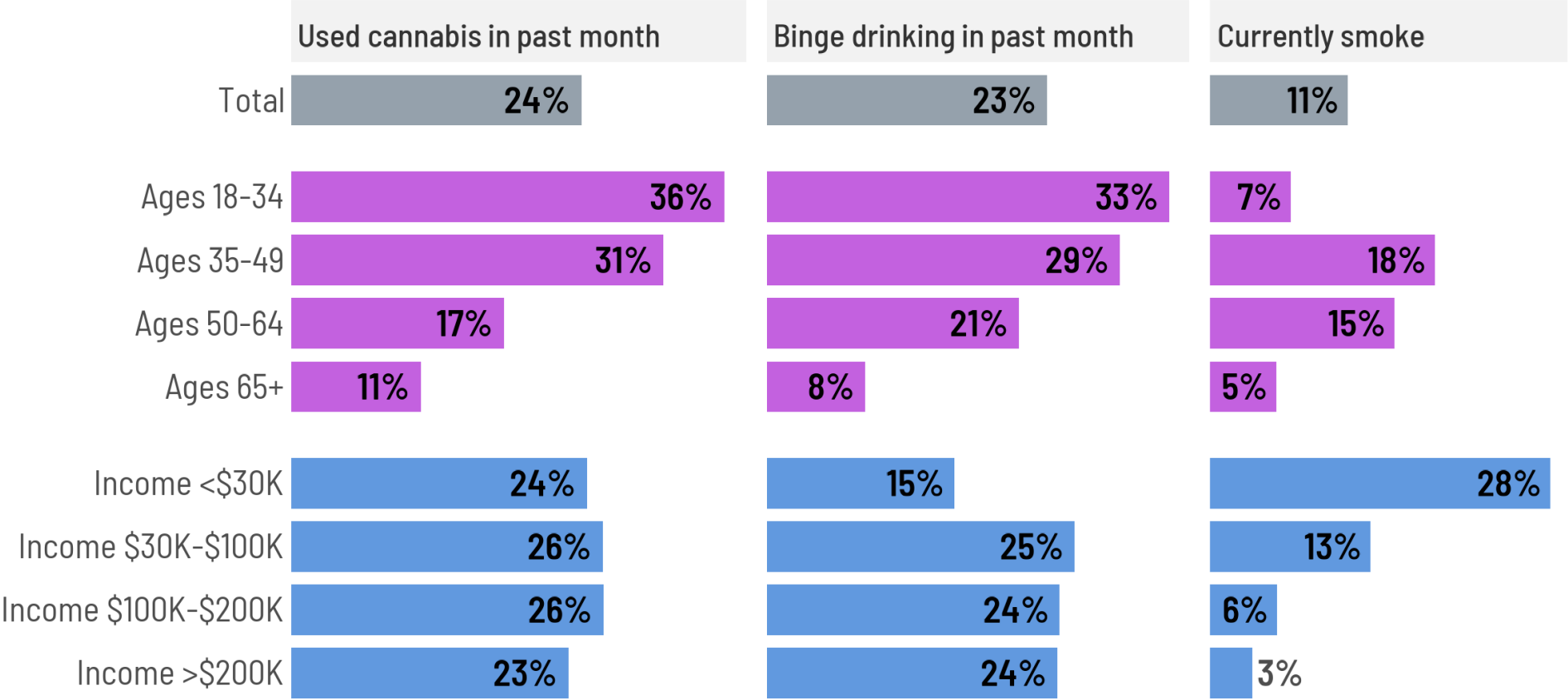
Share of adults who report they or someone in their household received SNAP in the past 30 days, and their use of food pantries in the past 12 months, Connecticut, 2025



Source: DataHaven Community Wellbeing Survey

Cannabis use and binge drinking are more common among young adults, but cut across income levels

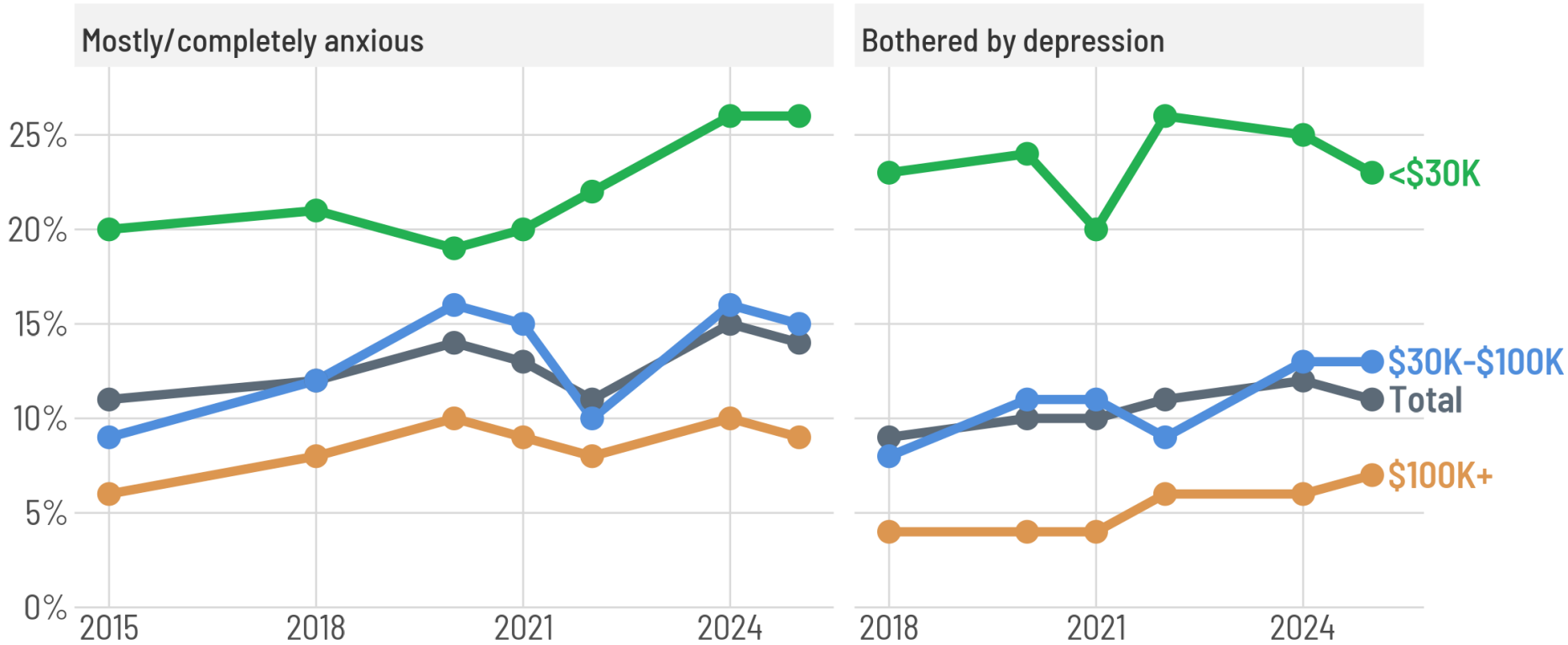
Share of Connecticut adults reporting current substance use by age and income, 2025



Source: DataHaven Community Wellbeing Survey

Lower-income adults are about twice as likely as the state average to feel anxious or depressed

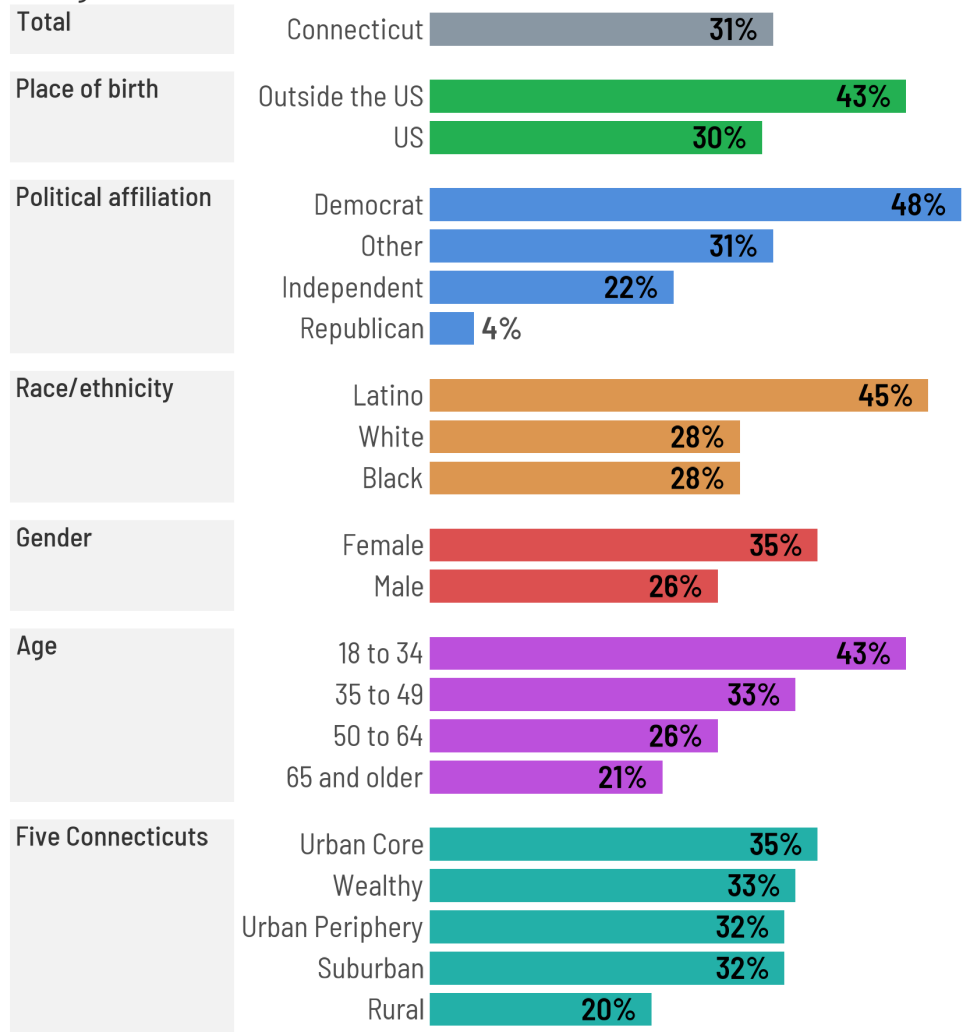
Share of Connecticut adults reporting having been mostly or completely anxious the previous day (2015–2025), and feeling depressed, down, or hopeless more than half the days of the previous month (2018–2025)



Source: DataHaven Community Wellbeing Survey

Latinos, immigrants, Democrats, and young adults worry most about immigration-related retaliation

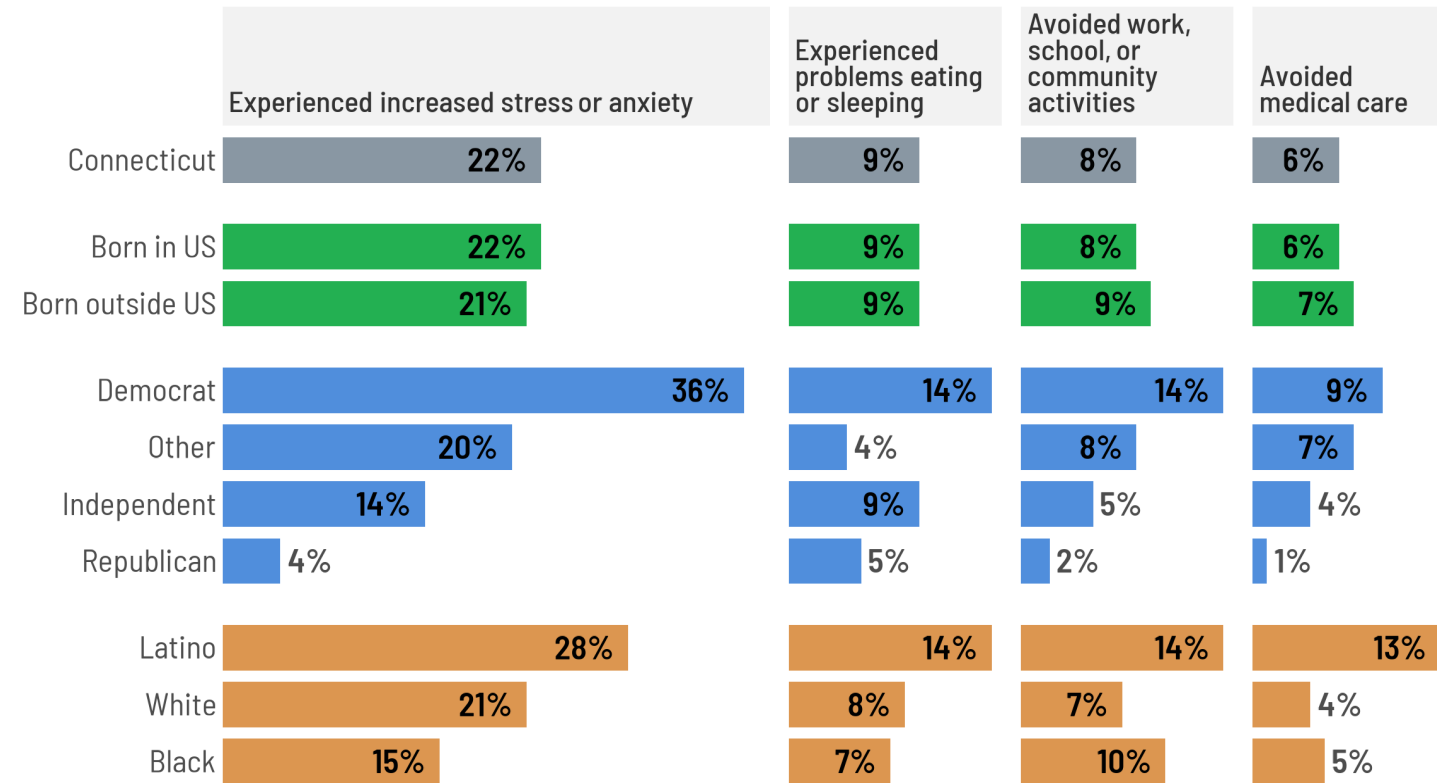
Share of Connecticut adults who worry somewhat or a lot that they or someone they know could be detained, deported, or have their legal immigration status revoked, regardless of their own citizenship or immigration status, 2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across questions are shown.

Democrats and Latinos are most likely to say they or someone they know experienced negative impacts due to their immigration status

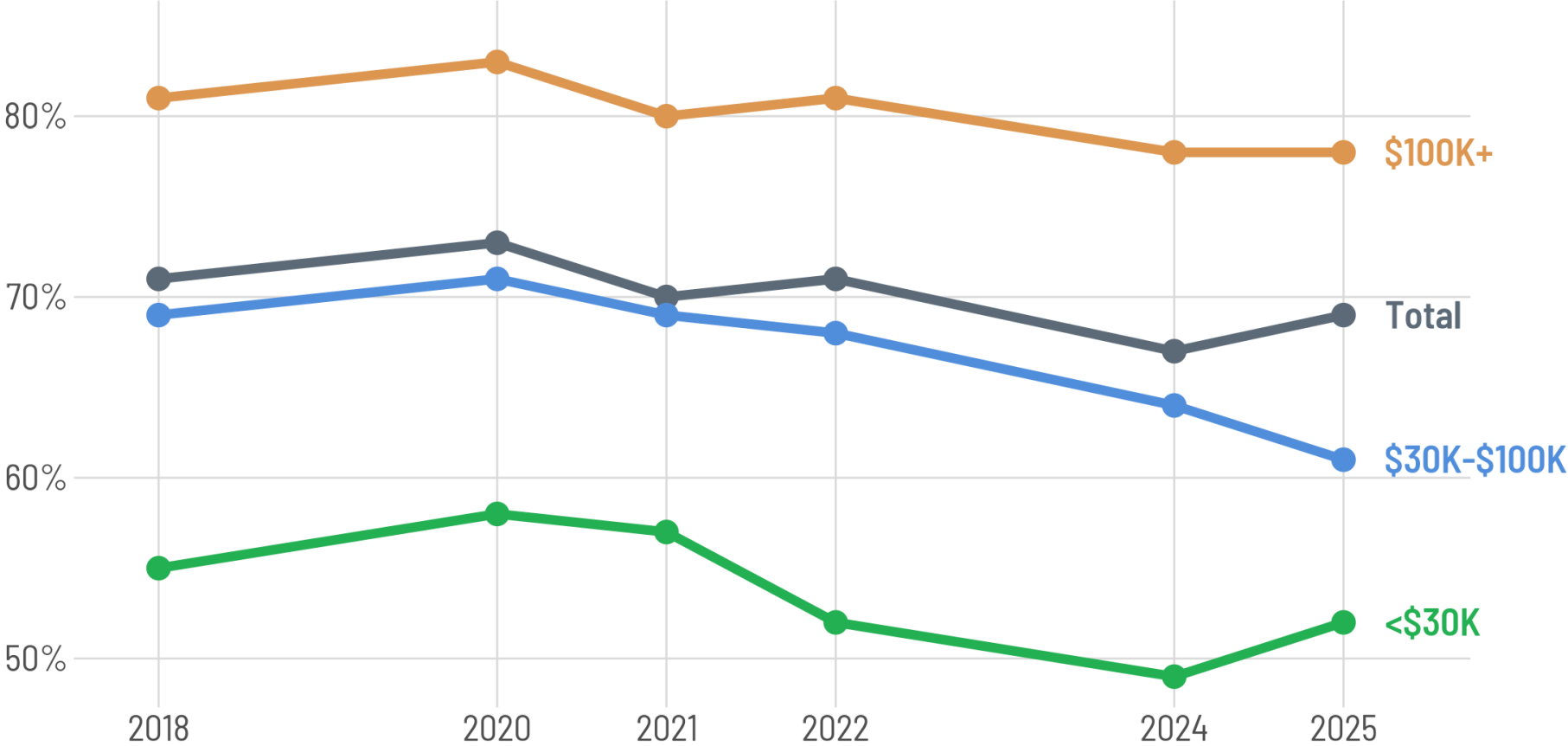
Share of Connecticut adults, 2025



Source: DataHaven Community Wellbeing Survey
Note that only groups with large sample sizes across questions are shown.

Most adults have consistent sources of social and emotional support

Share of Connecticut adults reporting usually or always receiving the social and emotional support they need by income, 2018-2025



Source: DataHaven Community Wellbeing Survey

Panel Discussion and Q&A

Gary Archambault — Chief Data Officer,
Connecticut Department of Public Health

Jay Williams — President and CEO,
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Kim Blankenship — Distinguished
Professor of Sociology, and Director,
Inequality, Social Justice, and Health Lab,
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Interactive Data Activity

Topic 1. Reactions to the 2025 survey data

Which aspect(s) of the 2025 DataHaven Community Wellbeing Survey are most striking to you?

Topic 2. Suggestions for data publication/distribution

What ideas does today's program spark with respect to opportunities for future collaboration between DataHaven and your work? Who should DataHaven contact to explore these ideas?

Topic 3. Ideas for future projects/collaborations

How would you like to see these data translated into published materials or otherwise made available for distribution? (What mediums/formats would be most useful to your work, stakeholders, and residents in your community?)

Topic 4. Areas for future/further study:

What topics did we miss that you would like to see included going forward?

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About DataHaven

DataHaven is a non-profit organization with over 30 years of public service to Connecticut. Our mission is to empower people to create thriving communities by collecting and ensuring access to data on well-being, equity, and quality of life. DataHaven is a formal partner of the National Neighborhood Indicators Partnership of the Urban Institute in Washington, DC.

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DataHaven

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